

Apple Muffins

Good

1 c apple

1 egg

$\frac{1}{2}$ c milk

$\frac{1}{4}$ c solid oil

1 $\frac{1}{2}$ c flour

$\frac{1}{2}$ c sugar

2 Tsp baking pow.

$\frac{1}{2}$ tsp salt

Heat oven to 400° . Beat egg stir in milk, oil & apple. Mix in remaining ingred. till flour is moistened. Batter will be lumpy. Fill muffin tins $\frac{2}{3}$ full & top c mixture of $\frac{1}{3}$ c brown, $\frac{1}{3}$ c nuts & $\frac{1}{2}$ tsp cinnamon. Bake 25-30 min. Remove from pan immediately.

Agri News 10-82